



- Reduce trash by using only as much paper and plastic as you need.
- Reuse things or give them away rather than throw them away.
- Recycle paper, metal, glass, and plastic.
- Use non-hazardous products when possible.
- Dispose of waste properly; don't litter.
- Conserve energy and water.
- Plant trees and take care of all things in the environment.







Self Survey



l do this	l plan to do this	
		I use only the paper towels, tissues, and napkins I really need.
		I turn the water off while I'm brushing my teeth.
		I use a reusable bag or backpack instead of a throwaway paper or plastic bag.
		I use cloth towels and sponges to clean up instead of paper towels.
		I use washable cups and plates at home rather than disposable ones.
		I give outgrown clothes and used toys and books to others to use.
		I recycle metal, glass, paper, and plastic.
		I turn off lights, TVs, and other electrical appliances when I'm not using them.
		I take short showers or shallow baths.
		I make sure that my trash ends up in a trashcan and not on the ground.
		I look for products with the least packaging when I buy things.

Other ways I can *Think Earth* to keep our environment healthy:



